

MICROSOFT

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Office Hours:
Monday—Friday: 8:30 am to 12:30 pm

Ministry and Team Leaders of the McKownville United Methodist Church

Board of Trustees:

Chair & Sexton Liaison: James Stott

Vice-Chair & Furnishings,
Building Use Coordinator: Kelly Visker
Nancy Rhodes

Leases & Legal Affairs: Noreen Van Doren

Grounds & Planned
Maintenance: Chris Brewer, Chris Spencer

Insurance: Nancy Pullen

Furniture: Kelly Visker

Ministry Teams:

Leadership Council: Paul Krekeler, Team Leader

Staff/Parish Relations: George Jeneczko, Alan Longshore, Emma Herendeen, Monte Waters, Sue Burns, Nancy Rutenber, Tricia Stott, Diane Steffens, and Teri Scoville

Finance: Paul Scoville, Team Leader
Treasurer & Payroll: Tim Pierce
Finance Secretary: Barbara O'Neill

Worship: Jeff Landon, Team Leader

Evangelism through Outreach: Darcianne Leizer, Team Leader

Christian Education: Kim Keane, Team Leader

Memorials & Gifts: Nancy Pullen, Team Leader
Senior Ministries: Darcianne Leizer, Team Leader

MCKOWNVILLE
CHURCH NEWS

Volume 10 No. 3

Love God, Follow Jesus and Pass It On!

March 2019

Articles for the April Newsletter are due around March 15th

Spirit Filled, Mission Driven



INSIDE

The Front Cover.....Pg.1
 Save the Dates.....Pg.2
 Announcements.....Pgs.3-4
 10,000 Steps.....Pg.5
 Healing Ministry.....Pgs.6-7
 Adult Forum.....Pg.8
 News Articles.....Pg.9
 Vital Congregation.....Pg.10
 Easter Memorial Flowers.....Pg.11
 Mission Opportunities.....Pg.12
 Forty Days of Lent.....Pg.13
 Advent Calendar.....Pgs.14-15
 Monthly Church Meetings.....Pg.16
 Guilderland Food Pantry.....Pg.17
 Birthdays & Anniversaries.....Pg.18
 March Events Calendar.....Pg.19
 Back Cover.....Pg.20

Newcomers and Visitors: WELCOME!
 Look inside for interesting articles, church news and updates, youth events, mission opportunities, fun activities and more!

“As United Methodist Christians, we are called to make Disciples of Jesus Christ for the transformation of the world.”

“Our Church Values”
 *Christ Centered; Our thoughts and actions are centered on God, Christ and the Holy Spirit.
 *Love; We love our neighbors as ourselves.
 *Integrity; We live to be thankful to God through our actions matching our values.

Guest WiFi: LoveGod1565



Save these Dates!

Lenten Fish Dinner



The Lenten Fish Fry will be Friday, April 12th from 11:00 am to 7:00 pm. Lunch & Dinner, eat in or take out.

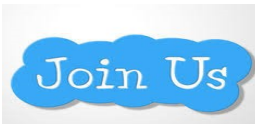
Spaghetti Dinners

Every 3rd Wednesday of the Month



Guilderland Cares will be sponsoring a **free spaghetti dinner on every 3rd Wednesday of the month starting Feb 20th from 5-7 at 4 Charles Park (Christ Church Guilderland)**. The purpose is to increase fellowship between residents of Guilderland. We are looking for volunteers to greet, cook, serve, set up, clean up and plan. If you would be interested in this exciting opportunity to serve others this might be for you. Email henn1219@hotmail.com or info@guilderlandchamber.com

Lay Servant Ministries Luncheon



Date: Saturday, March 30, 2019, for our District Day of Celebration of Lay Servant Ministries Luncheon
 Place: McKownville UMC, 1565 Western Avenue, Albany, NY 12203
 Time: From 12:00 noon until 2:00 pm.
 Please join us!! More information will be forth coming.....

Fundraiser Events



- ◆ Saturday, March 23rd.....Korean BBQ
- ◆ Saturday, May 4th.....Brooks Chicken BBQ

MARCH 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Narcotics Anonymous 6:00 pm	2 A.A. 7:00 am
3 Contemporary Service 9:30 am Traditional Service 11:00 am Praise Team 3:00 pm Wesley Ringers 4:30 pm New Song 5:45 pm Higher Up 6:30 pm	4 Cub Scouts 6:30 pm Adult Choir 7:00 pm	5 Living Resources 9:30 am Reflections of our Legacies Group 12:00 pm A.A. 4:30 pm Yoga 6:00 pm	6 Yoga 10:00 am Yoga 5:30 pm Outreach Team 6:00 pm Narcotics Anonymous 7:00 pm Lent Begins	7 TOT Hill Gang 9:45 am AI-Anon 12:00 pm	8 Narcotics Anonymous 6:00 pm	9 A.A. 7:00 am
10 Contemporary Service 9:30 am Traditional Service 11:00 am Praise Team 3:00 pm Wesley Ringers 4:30 pm New Song 5:45 pm Higher Up 6:30 pm	11 Cub Scouts 6:30 pm Adult Forum 7:00 pm	12 Living Resources 9:30 am Reflections of our Legacies Group 12:00 pm A.A. 4:30 pm Yoga 6:00 pm	13 Yoga 10:00 am Yoga 5:30 pm Narcotics Anonymous 7:00 pm Choir Rehearsal 7:00 pm	14 TOT Hill Gang 9:45 am AI-Anon 12:00 pm	15 Narcotics Anonymous 6:00 pm	16 A.A. 7:00 am
17 Trustees Team 8:15 am Contemporary Service 9:30 am Traditional Service 11:00 am Praise Team 3:00 pm Wesley Ringers 4:30 pm New Song 5:45 pm Higher Up 6:30 pm	18 Cub Scouts 6:30 pm Adult Forum 7:00 pm	19 Living Resources 9:30 am Reflections of our Legacies Group 12:00 pm A.A. 4:30 pm Yoga 6:00 pm Leadership Council Meeting 7:00 pm	20 Yoga 10:00 am Yoga 5:30 pm Narcotics Anonymous 7:00 pm Choir Rehearsal 7:00 pm	21 TOT Hill Gang 9:45 am AI-Anon 12:00 pm American Sewing Guild 12:30-3:00	22 Narcotics Anonymous 6:00 pm	23 A.A. 7:00 am
24 Contemporary Service 9:30 am Traditional Service 11:00 am Praise Team 3:00 pm Wesley Ringers 4:30 pm New Song 5:45 pm Higher Up 6:30 pm	25 Cub Scouts 6:30 pm Adult Forum 7:00 pm	26 Living Resources 9:30 am Reflections of our Legacies Group 12:00 pm A.A. 4:30 pm Yoga 6:00 pm Worship Team Meeting 7:00 pm	27 Yoga 10:00 am Yoga 5:30 pm Narcotics Anonymous 7:00 pm Choir Rehearsal 7:00 pm	28 TOT Hill 9:45 am AI-Anon 12:00 pm	29 Narcotics Anonymous 6:00 pm	30 A.A. 7:00 am
31 <i>(Same schedule as previous Sundays.)</i>						

MARCH DUTIES CALENDAR

<u>DATE</u>	<u>GREETERS/USHERS</u>	<u>LAY WORSHIP LEADERS</u>
March 3rd	Christopher and Amy DeVall	Diane Steffens
March 10th	Barbara and Paul Cullen	George Janeczko
March 17th	Carl & Ildra Morse	Laura Benson Marotta
March 24th	Colleen Lafave and Mark O'Brien	Nancy Rutenber
March 31st	Tricia Stott and Patrick DeVall	Angela Stott



Greeters/Ushers & Acolyte Coordinator: Stephanie DeVall - 518-925-0160
Coffee Hour Coordinator: Chris Steffens - 518-608-5300
Lay Worship Leader Coordinator: Nancy Rutenber - 518-456-0412

* Please note that Greeters and Ushers duties are now combined.

MARCH ANNIVERSARIES & BIRTHDAYS

Anniversaries

Birthdays

No March Anniversaries

- | | |
|-------------------------|---------------------|
| 1 – Casey O'Hare | 18 – Scott Lutz |
| 2 – Pam Weis | 22 – Jennifer Gish |
| 7 – Nancy Clarke | 23 – Connie Stott |
| 7 – Terry O'Neill | 26 – Corey Arnott |
| 8 – Christopher Visker | 27 – Beverly Davies |
| 9 – Doreen Moore | 29 – Jennifer Grupe |
| 9 – Marguerite Quintyne | |
| 12 – Candace Goodman | |
| 12 – Carol Barre | |
| 17 – John Fox | |
| 18 – Brian Liotta | |



Announcements

PRAYERS

PRAYERS FOR the Rev. Charlie Yang and his wife Euni. Euni is facing serious health issues and asks for our prayers. If anyone would like to send a get well card or even a note to Euni, her address is as follows:

28 Church Street
 Niverville, NY 12130



VITAL CONGREGATION MEETING

The next scheduled meeting will be held on Thursday, May 23rd, at the McKownville United Methodist Church.



A THANK YOU NOTE

Thank you to the performers and the attendees at the benefit concert for Pastor Lynette Cole and the Schroon Lake Community Church. We raised a total of \$2,129.

From,
 Carl Shepard

MOVED TO HEAVEN

Delores Campbell



SUBMIT PHOTOS

Please continue to submit PHOTOS and descriptions of small groups, ministries, teams, etc. for a new and updated church guidebook and the new communication board!

WATCH IT LIVE!

You can view the Pastor's sermons live as they happen or later on when you have time from our Facebook page at :

McKownvilleChurch

Announcements

LOOKING FOR A PARSONAGE

The Trustees will update the congregation on parsonage looking topics at the March 19th Leadership Council Meeting (7:00pm). All are welcome to come to the meeting to learn what is happening, ask questions and offer input.



PRAYER CHAIN MESSAGE



Did you know that McKownville Methodist Church has a "Prayer Chain" available for anyone or anything that is in need of prayer. It was started many years ago by a ladies' organization called Faith Alive. We ask that everyone first call the church office at 456-1148 who then calls Connie Stott as the first in line to be contacted when a prayer is needed. She then calls Marion Leizer and on it goes. There are about ten of us still on the list, but it is time that we opened the "Chain" up to anyone who would like to join us in praying. If you would like to join us, please call the church office at 456-1148 or Marion Leizer at 456-0994 and we will add your name to our list.

NEW NEIGHBORHOOD GROUP - MACHINE EMBROIDERY

This will be a sharing of machine information, techniques, tips, projects, type of stabilizer and thread and last but not least, a fund couple of hours! The first meeting will take place downstairs at the McKownville UMC on Friday, March 29th from 12:00 noon to 2:00 pm. If you have any questions, please contact Shirley Ratta at: sratta4653@aol.com or Lucy Gee at luc4@juno.com.



Guilderland Food Pantry

Guilderland Food Pantry Needs:

- coffee
- canned fruit
- condiments
- dish detergent
- laundry detergent
- paper towels
- Dinty Moore prepared dinners

*God bless you and your congregation.
You continue to feed 145 families each month. 93 families participate in our holiday meal program.*

GFP

Guilderland Food Pantry, Inc.
PO Box 7 Guilderland, NY 12084
Web: www.guilderlandfoodpantry.com
Email: guilderlandfoodpantry79@gmail.com
Phone: (518) 930-1001

The Guilderland Food Pantry relies on food and monetary donations from individuals, local churches, and civic groups. Donations may be dropped at the Food Pantry between 9:30 and 11:00 am Monday - Friday. You may also call for an appointment to drop food at a different time. Call 518-930-1001. Consider joining our annual golf tournament which supports our organization



MONTHLY CHURCH MEETINGS

Sunday Rehearsals/Meetings

- 8:30 am.....Praise Team Rehearsal
- 9:30 am.....Praise Service
- 9:45 am.....Sunday School
- 10:30 am.....Fellowship Time
- 11:00 am.....Traditional Service
- 3:00 pm.....Ignite Team Rehearsal
- 4:30pm.....Wesley Ringers Rehearsal
- 5:45 pm.....New Song Rehearsal
- 6:30 pm.....Higher Up Rehearsal

Monthly Church Meetings

- Finance TeamSecond Tuesday at 7:00 pm
- Leadership Council.....Third Tuesday at 7:00 pm
- Outreach Team.....First Wednesday at 6:00 pm
- Trustees Team.....Third Sunday at 8:15 am
- Worship Team.....Fourth Tuesday at 7:00 pm

Note:

Special meetings will be on the calendar and are usually announced in the weekly bulletins as well.



Walking 10,000 steps each day can lead to a significant positive impact on our health. Health experts have released studies that show this level of activity can help reduce our blood pressure, maintain healthy sugar levels and even improve our moods! Yes, physical activity can do wonders for our health, and the benefits carry over to our mental health as well. Reducing stress levels and having our bodies producing and releasing the chemicals that make us feel better are all benefits of a more physically active lifestyle.

Unfortunately, we don't always find time in our busy days to exercise as much as we'd like to. Work is busy, homework needs to be done, appointments after hours need to be kept, and well, let's face it, sometimes we're just too busy! Before we realize it, months have been torn away from that new calendar that we feel was just tacked to the wall!!

The same could be said about our spiritual condition. Are we taking our "10,000 steps" for our spiritual lives? Are we setting time aside to do this?? How do we do this??

I'm certainly not an expert in this area, but an article I read recently made a connection that I think fits in very well with our upcoming Lenten Season. This particular health article didn't demand that each of us own a step counter and task ourselves to 10,000 steps per day, it just simply said that the best approach is to get started!!! Getting started is always the most difficult step to take, but it sets us on the right path that gives us the strength and will to take the next one, and the next one...!

When we consider this same approach and turn our thoughts from our physical to our spiritual state, especially during the season of Lent, what better example can we have than our Lord Jesus taking His steps to the Cross? Lent is the time for us to reflect each day on the painful and selfless walk that Jesus took for us. Every step was a step closer to His Crucifixion, yet also one step closer to His Father in heaven.

As we approach another Lenten Season and focus once again on our Lord, we can take the advice from the world of good health and exercise and apply it to our spiritual lives. We just need get started and take that first spiritual step with Jesus toward the Cross. We can take the first step with a prayer, and then let Jesus lead us through a Lenten Season filled with devotion and thankfulness for what He did to set us free from sin.

Who knows how many steps we will take? It might be one, it may be 10,000, it may be more. But let's get started and take that first step with Jesus. We can be sure He will lead us the rest of the way....

Have a blessed month,

Dom Perfetti



Welcome everyone to our Healing Ministry. Let us thank the Lord God Almighty for all the blessings and help for the last month. Let us enter into the new month of March 2019.

Let us take a moment to meditate with me about “The function of the Lord, Jesus Christ” and the courage of a woman who brought a miracle healing. The gospel of Luke 12:2-8 and Mark 5:24-36 guides us to the Healing Ministry of our Lord, Jesus Christ. Amen.

A woman was entering through a large crowd to reach out to Jesus Christ. Her life was well; but, her medical history was not good. She was suffering for a long 12 years of bleeding but the gospel did not mention where. When we read the scripture in Mark 5:24-34, her bleeding was severe and probably some form of prolonged female bleeding, possibly from irregularity, a fibroid tumor or uterine cancer. She was constantly suffering all those years.

In the time of our Lord, Jesus Christ, and as per the old testament of Leviticus 15:30, it says that a woman diagnosed with a hemorrhage, considered impurity, and restricted her from living in her home with other people.

She was living outside of her home and being challenged by family. Scripture says that she went for medical care for twelve years. She went to Roman physicians medical care which was often associated with their idol worship practices. She paid the physician a fee and an offering to the Roman Gods of healing. Even in our time now, sick people are searching and trying to reach healing by so many resources.

In Galatians 1:10, it says “Am I seeking human approval or God’s approval?” Searching for healing through our faith may still work.

The sick woman may have also searched for healing. As per our scripture of Mark 5:24-34, she spent all her money but nothing happened. She was no better and got worse. She may have heard the news that the Lord, Jesus Christ, is going to visit her town. She may have also heard about the healing power of Jesus Christ. She was waiting and had a plan. A large crowd of people were around Jesus Christ and the crowd was near her place or street.



MARCH/APRIL 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
3	4	5	6 ASH WEDNESDAY Box of Cereal	7 Peanut Butter	8 Stuffing Mix	9 Boxed Potatoes
10	11 Macaroni & Cheese	12 Canned Fruit	13 Canned Tomatoes	14 Canned Tuna	15 Desert Mix	16 Jar of Applesauce
17	18 Canned Sweet Potatoes	19 Cranberry Sauce	20 Canned Beans	21 Package of Rice	22 Oatmeal	23 Pasta
24	25 Spaghetti Sauce	26 Chicken Noodle Soup	27 Tomato Soup	28 Can of Corn	29 Can of Mixed Vegetables	30 Can of Carrots
31	April 1 Can of Green Beans	2 Tooth Paste	3 Soap	4 Lotion	5 Shampoo	6 Cleaning Wipes
7	8 Jelly or Jam	9 Pudding	10 Granola Bars	11 Popcorn	12 Infant Cereal	13

A Reverse Advent Calendar *For Lent*

In Advent, a popular modern tradition is the Advent Calendar. On each day in the month of December you open a window which reveals a small treat for that day as we lead up to the "Big Event" on Christmas. Treats with these calendars can vary from a quote of the day to a small trinket or "gift." The symbolism here reminds us that we are blessed in many ways and that our blessing come daily from God. The greatest gift was given on Christmas when God gave us his Son.

During Lent, Christians more commonly focus on "giving up" things rather than giving or getting. As Jesus fasted in the desert for 40 days (the time we associate with Lent leading up to Easter), many Christians will give up something for lent as a symbolic fast to help get closer to God and focus on their faith in a tangible way daily as we get closer to Resurrection Day!

This year, McKownville UMC will be asking for participating in a group "fast." We offer the list below as suggestions of things you can give up for Lent in preparation for Easter. This will be a kind of Reverse Advent Calendar where rather than getting a small gift each day, you give a small gift. Collect your items in a box and bring them in to church on PALM SUNDAY, April 14th. The items collected by all of us will be given to the Guilderland Food Pantry. Our goal is that 10 Couples/ Families participate. If each collection has 40 items (1per day) then we will have 400 items to stock up the shelves before EASTER! What a gift that will be!

We have also prepared a devotional with 40 scriptures and prayers, some days have been contributions from the congregation. Each day as you put your donation in the box, read the daily devotion in preparation to focus your soul for Easter. These devotion books will be available in the sanctuary in booklet format to pick up starting on Ash Wednesday (March 6th). We will also publish the daily devotion on Facebook each day.

Starting March 6.....(the 40 days in Lent exclude Sundays)

(See calendar on the next page)

(Continued from previous page...)

She put her strong faith in Jesus Christ. She got out of her fear and came outside. The unclean woman was not allowed to go in the middle of the crowd. She used her faith and said (Mark 5:27), "If I but touched his clothes, I would be made well." Before she was healed from her sickness, her faith gave her healing from her fear and was healed.

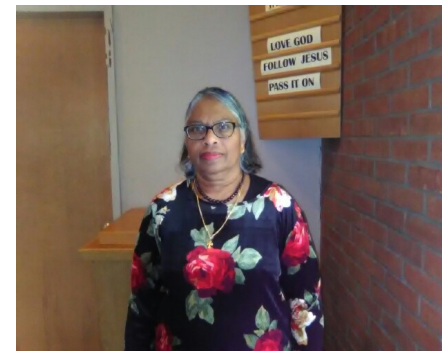
The Lord, Jesus Christ, was called a "Rabbi." The sick woman has no authority to even touch him. She followed the crowd, and she reached near our Lord and touched the hem of his cloth. The healing power of Jesus Christ was active in her body. Her bleeding had stopped and she was healed. She felt in her body that she was free from her sickness. Her faith in Jesus Christ brought healing in her body. And our Lord said, "Daughter, your faith healed you." He saved her from her sickness and from society. Her action of touching the Rabbi's clothes gave forgiveness.. She received her freedom to live a healthy life.

We have learned from her. And that our faith to speak positively and trust God. God will work in our body. Gospel John 5:7 says, "But Jesus answered them as my family is still working I am also working."

Please read, Deuteronomy 30:11-14. It says "No, the word is very near. To you it is in your mouth and in your heart for you to observe it." The woman used the word of faith and was healed.

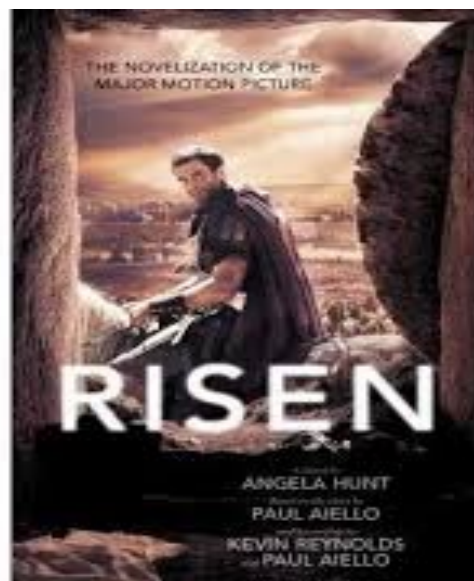
Let us pray: Lord, Jesus Christ we come to you with all our faith, strength and hands to you. Allow us to touch your presence and heal from our fears. Bless us to receive a very refreshed, strong and perfectly healthy body. We honor your name. Amen.

Olive Ezekiel
Minister for Healing



ADULT FORUM

Beginning Sunday March 10 and continuing through Lent, Adult Forum will view and then discuss the 2016 motion picture RISEN. A major theme of the film is doubt: Is Jesus dead? Where is the body? Is he alive? Have you seen him? A Roman Tribune interviews friends, foes, and bystanders trying to find out what has happened. Adult Forum welcomes all. Choice of two times, same topic, different attendees, different discussion. Every Sunday 9:30am and every Monday 7:00pm in the last room on the left, end of main hallway.



Adult Forum!...Put it on your church calendar!

The Forty Days of Lent

Lent, the 40 days (not including Sundays) between Ash Wednesday and Easter, is a time of devotion and focus. Many Christian followers give up something in their daily routine as a sacrifice to honor this season and as a symbol of the fasting that Christ did during the 40 days he spent in the desert. Fasting and sacrifice in this way are devotions of ourselves to focus our minds and hearts on God as we prepare for Easter.

This year as we prepare for the season of Lent, we are asking everyone to participate in two ways with a special Lenten project. Here is how you can get involved:

1. Write a short devotion, in preparation for Lent. We will be collecting and compiling a 40 day devotional written by US to reflect on through the season of Lent. A devotion should include a scripture, and anecdote or story related to the scripture or theme, and a short prayer. Do you have a favorite passage? Has someone ever interpreted a scripture in a way you would like to share? Has something meaningful happened that you feel called to share. Email your submissions to Pastor Jeff or to the church office. We will compile the booklet with 40 devotions to be handed out on Ash Wednesday and the Sunday to follow.
2. During Lent, Donate! Take one item out of your home pantry to donate to the Guilderland Food Pantry. Along with the devotions, we will be distribute a calendar of suggested pantry items to donate. Set these items aside in a collection box at home. Set aside one item per day- like a reversed Advent Calendar! Rather than giving up something like eating Chocolate for the whole season of Lent, give up one pantry item per day to give to those who need it. You should end up with a box of 40 items to donate to the GFP at the end of the season!

We will have our shared devotion books, the calendar of giving and a box to put your offering into available in the back of the sanctuary starting on Ash Wednesday. We hope you will join us in this Journey through Lent together!



Mission Opportunities

Golden Bucket Award Update



The Golden Bucket Award challenge is in full swing at the Upper New York (UNY) Mission Central HUB.

Results for December are in! So far, more than 1,000 UMCOR cleaning kits were assembled all over the UNY Conference last month.

The Crossroads District donated the most buckets for the month of December and the Finger Lakes District made the largest monetary donation to purchase supplies.

Please be sure when turning in buckets for the Golden Bucket award to include your church name and district! Buckets have been coming in without this important information.



Spiritual Gifts

Spiritual Gifts Team is preparing nominations for church leadership positions for the next fiscal year. If you are interested in a particular team or position, please speak with Pastor Jeff no later than March 10th.



Youth News

The Guilderland Youth Group is a group of Youth in grades 7-12 who meet for a safe, fun place to learn and get hands on involved in spreading the Good News! We meet weekly September – June, mostly on Sunday evenings at 7pm (some exceptions for special events may happen on other days).

If you want to get involved or have questions about upcoming events, see Angela Stott (coordinator) or Dakota Stott (2018 group President) for details.

Church Sign

A sign from God or..... A Sign for God?

We are now over halfway to our \$25,000 goal! Some fund raising events are being planned to continue to build the fund up! If you have any questions, please don't hesitate to contact me, Kelly Visker or pastor Jeff!

Yours in Christ,
Pat Beauregard



Albany District Vital Congregation Self-Help Group

In response to Albany District churches wanting to know more about vital congregations, the McKownville United Methodist Church is forming a Vital Congregations Self Help Group to continue to bring vital congregation concepts and practices learned at Grace United Methodist Church in Florida to the Albany District. Our goal is to bring churches that are practicing vital congregation techniques together with churches that want to learn and apply these techniques. The group will be led by MUMC's Resource Team, is open to all, and we encourage both clergy and laity to attend. The idea is to share what we learned and what we are practicing with others, help those who want to start, and brainstorm with others who may be stuck in "What do we do next?" Rather than a workshop, this is going to be an informal conversation where those present can focus in on topics that relate directly to their situations.

Our last meeting was held on Thursday Feb 28, from 7:00p - 8:30p at McKownville UMC (MUMC), with a plan to meet again May 23 and Sept 19. If interested in coming, please contact the MUMC office at 518-456-1148 or email us at mckownumc@verizon.net and let us know if you are coming or need directions. However, drop-ins are welcome! For background info on what vital congregations are all about we suggest you get the book Vital Churches Changing Communities and the World.



EASTER MEMORIAL FLOWERS

Please make your checks payable to **McKownville United Methodist Church** and mail to **Angela Stott, 65 Willow Street, Guilderland, NY 12084** or hand them to Angela after church.

Please do not send cash

Deadline is Friday, April 5, 2019

- _____ \$11.50 Lilly
- _____ \$27.00 Azelea
- _____ \$12.00 Mum _____ Yellow _____ White _____ Lavender
- _____ \$11.50 Hyacinth _____ Blue _____ Pink
- _____ \$11.50 Tulip
- _____ \$27.00 Hydrangea

Given by: _____

In Memory of: _____

I will pick up my plant on Easter Sunday _____.

If you do not wish to keep your plant, please give it to a shut-in, friend or family member.

