

MCKOWNVILLE CHURCH NEWS

Volume 9 No. 10

Love God, Follow Jesus and Pass It On!

November 2018

Spirit Filled, Mission Driven

*Articles for the
December
Newsletter are
due around
November 15th*

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Newcomers and Visitors: WELCOME!

Look inside for interesting articles, church news and updates, youth events, mission opportunities, fun activities and more!

*“As United Methodist Christians, we are called to make Disciples of
Jesus Christ for the transformation of the world.”*



<https://twitter.com/MckownvilleUMC>

<https://www.facebook.com/McKownvilleChurch/>



"Thanks-living"

Have you noticed that some people just can't be satisfied? Some people, and I'm talking about you and me, not someone else; have a hard time expressing gratitude. Or even feeling it.

It's that time of year again. November is Gratitude month and Thanksgiving is a specific occasion to "give thanks." In addition to providing an opportunity to gather with family and friends to gorge ourselves on food and football, Thanksgiving is an annual culturally compelled celebration of our many and various blessings. As meaningful as this holiday can be and as helpful as it is to have a day set aside for encouragement to express gratitude, once a year just does not seem like enough.

Over the past 20 years, numerous scientific studies have documented a wide range of benefits that come with gratitude. These benefits are available to anyone who practices being grateful, even in the midst of adversity, such as elderly people confronting death, those with cancer, people with chronic illness or chronic pain, and those in recovery from addiction.

In 2001 Stephen Post, a medical school professor of bioethics, created a research group called the Institute for Research on Unlimited Love, dedicated to testing and measuring the effects of love, gratitude, and other positive caring emotions in human life. Dr. Post's research has discovered that spending 15 minutes a day focused on things you're grateful for can have the a variety of positive effects on your life.

Here are some of the many research-based reasons for practicing gratitude:

- Practicing gratitude is one of the most reliable methods for increasing contentment and life satisfaction. It also improves mood by enhancing feelings of joy, enthusiasm, and other positive emotions. On the other hand, gratitude also reduces anxiety and depression.*
- Gratitude promotes physical health. It increases your body's natural antibodies. Studies also suggest gratitude helps to lower blood pressure, strengthen the immune system, reduce symptoms of illness, and make us less bothered by aches and pains.*
- Gratitude enhances sleep. Grateful people tend to get more sleep each night, spend less time awake before falling asleep, and feel more rested upon awakening. If you want to sleep more soundly, instead of counting sheep count your blessings.*

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- Gratitude strengthens relationships. It makes us feel closer and more connected to friends and intimate partners. When partners feel and express gratitude for each other, they each become more satisfied with their relationship.
- Gratitude encourages “paying it forward.” Grateful people are generally more helpful, generous of spirit, and compassionate. These qualities often spill over onto others.

Two suggestions I came across to help us practice being grateful are by writing *gratitude letters* and making *gratitude lists*. A gratitude letter is one you write to someone in your life to express appreciation for ways they have helped you and/or been there for you. Gratitude letters can be about events that have happened in the past or are happening in the present, and often help to strengthen or repair relationships. A gratitude list consists of writing down 3 to 5 things for which you’re grateful every day, each week, at other intervals, or under situation-specific circumstances.

That's the power of gratitude. It not only lifts up the recipient, it also gives life to the one expressing it. This is why we're told time and time again in scripture to give thanks: A thankful heart puts us in right alignment with God and one another.

Paul wrote...And always be thankful. Let the message about Christ, in all its richness, fill your lives. Teach and counsel each other with all the wisdom he gives. Sing psalms and hymns and spiritual songs to God with thankful hearts. And whatever you do or say, do it as a representative of the Lord Jesus, giving thanks through him to God the Father. (Colossians 3:15-17)

During this season of Thanksgiving let's all make an effort to keep “gratitude in or attitude”. It's not only about giving thanks, it's about living thanks.

With you on the journey, In Jesus,

Pastor Jeff

There are no guarantees of anything and we can take nothing for granted in this life. Every day is a gift; every breath is a gift. What we do with them is a choice.



Am I Supposed to be Here??

How many times in our lives have we asked and wondered if we are where we're supposed to be?? Is this the right classroom?? Am I on the right bus? Have you popped your head into a meeting lately and said, "Am I in the right meeting? Am I supposed to be here?"

Well, it can be embarrassing and sometimes a scary experience we find ourselves in the wrong place. How did it happen? How did I end up here? When we're in a rush or not quite sure where we're going, we can easily end up where we're not supposed to be.

Hopefully, the kind of mistakes mentioned above are short lived, and we can quickly get ourselves back on track. Do we also have these types of questions about the bigger issues in our lives? I think most of us do. Did I choose the right career? Are we living in the right area? Should I be changing jobs? Am I really where I'm supposed to be at this point in my life? Sometimes we're so busy that we don't have time to even stop and ask these questions, while other times they can consume our thoughts.

So how do we handle questions like this? When we assess where we are in our lives, and ask ourselves if we're really where we're supposed to be, what kind of answers are we left with?

Well, just like all of life's difficult questions, we should not be answering them on our own. As always, we have Jesus "on the ready" to help us through the toughest questions in our lives. He has a way of clearing up the confusion that we sometimes find ourselves in. While we muddy the waters, He filters our thoughts through His Word and brings us the clarity we need to move forward.

The world is confusing, but Jesus is not. When we lose our direction, He puts us back on the right path. And when we give our hearts to Jesus, He directs to the exact place that He needs us to be. We may not always feel like we're in the perfect spot from a worldly perspective, but we're exactly where we need to be in the eyes of our Lord. We never need to doubt our purpose in life when we turn our hearts and minds to Jesus.

If doubt ever creeps into our thoughts about where we are and where we're going, let's remember that once we've turned our lives over to Jesus, we can always carry the confidence that we're exactly where we're supposed to be!

Have a blessed Fall season,

Dom Perfetti





Welcome everyone to our Healing Ministry. The month of November is the "THANKS GIVING CELEBRATION." We do a lot of cooking and invite families and friend's over to gather at the thanksgiving table. Every home will be filled with joy and the smell of turkey cooking. Cooking for thanksgiving is also a joy in our kitchen. Some will cook good, some have never cooked, and some will know a very little. Cooking is an art in the kitchen. Did anyone know that cooking is also a ministry to our family and service to our Lord? We can change our kitchen into a chat room with God; because the Son Of God, Jesus Christ, was also a good cook. Did any one know that?

I am requesting that you please read the Gospel of John Chapter 21:1-14. After the Crucifixion of Jesus Christ, the disciples were very sad, fearful and hopeless. Simon Peter said to them, I am going fishing. He may have thought, this is it and hereafter no more ministry and the Lord Jesus Christ is gone. Peter may have thought why don't I go back to my fishing job. But they went fishing and caught nothing that night. But the Lord Jesus was watching them from the sea shore. He knew their struggle. Jesus stood on the beach. His heart was melting for them. He guided them and asked them to cast their nets to the right side of the boat and you will find some.

The disciples, got nets full of fishes. The disciples were surprised. When they had gone ashore, they saw a charcoal fire there, with fish and bread on it. They saw that Jesus Christ was cooking food. The Son of God is not only a wonderful counselor, Mighty God, everlasting Father, Prince of Peace, Miracle Maker, Healer, and Preacher; but, he is the best cook as per the scripture John 21:1-14. Don't we remember, he washed the disciples feet in the upper room before the Last Supper. He loves not only the disciples but everyone.

The Lord invited them to come and have breakfast. He saw his disciples were tired, depressed, and hungry. Like a mother, he cooked food and welcomed them. I would like to share my true witness how the Lord heard my prayer in my kitchen. In 1976, this happened in my kitchen. Either before or after I was married, I didn't know about cooking or even how to boil the rice or any cooking. Because, my parent's never allowed me in the kitchen to learn how to cook. But they encouraged me to learn education. My mother taught me needle work, embroidery work, beading work, and making designs. I do many types of art work.

After my oldest son was born, we moved from my husband parent's home to our own home. One morning I had to prepare lunch for my son and for myself. I put some rice and water in a pot. I put it on the stove to cook. It cooked and came as soup instead of rice. I did this three times but it came as soup every time. I felt sad, upset, and sat on the kitchen floor, and cried and cried. There is no help for me to learn the cooking. Because of my conversion from Hindu religion to Christianity, I lost my parent's love and relationship. My husband's side never allowed me in the kitchen because I was considered a stranger to their Christian family. After my long cry I wiped my tear's.



(Continued from previous page...)

I got up from the kitchen floor and went to my room and picked up my Bible. I came back to the kitchen and sat on the floor. I opened the Gospel of John Chapter 21. I read the scripture from 1-14. I felt that the Lord Jesus Christ is standing in my kitchen and watching over me. I asked Him, "Don't you cook breakfast to your disciples on the sea shore?" Lord just look at me. I feel just like your disciples. I tried three times to cook the rice but it turn into soup. I don't know the measurement. Just like Peter putting the net here and there all night and it came in empty. You were on the shore watching them.

You guided them to put the net on the side of the boat. Wow! The net became full of fish and they got it. You are an amazing. You helped them and you cooked bread and fish for them. I have to feed lunch to my son and I am also hungry. Please Lord teach me to boil this rice. I got up from the kitchen floor. I put 2 cups of rice and I poured the water just above the rice. It just came in my mind. I did pray and I put a cross symbol in the rice water. Then put it on the stove. After 30 minutes, the rice cooked perfectly and it looked like a white flour. Praise God.

I was thrilled and filled joy that I learned to cook one dish. Everyday I planned some recipe by myself, prayed in my kitchen, and then I cooked. Every time I cooked food it had amazing taste. I got the best cook award by my family and others. One of my grandson's, Logan R Ezekiel who is four years old loves my rice. He put a name for the rice is, "Amatchi Rice." This means grand mother's rice. The Lord is my teacher in my kitchen. Even today, my kitchen and my cooking is filled with my prayer's and my thanks to our Lord Jesus Christ.

we are waiting to cook for Thanksgiving and we may invite the Lord to join us in our kitchen. He is willing to work with us. While we our cooking, we can chart with our Lord. May we invite the Lord to our Thanksgiving table to bless us and our families.

Let us pray:" Our Precious Lord Jesus Christ, we are inviting You to come into our kitchen, bless our food everyday. Especially be with us during our Thanksgiving celebration. May Your presence fill our family, children, relatives, friends. In the name of your sweet name we pray. Amen.

WISH YOU ALL HAPPY, BLESSED THANKS GIVING,

OLIVE EZEKIEL
MINISTER FOR HEALING.

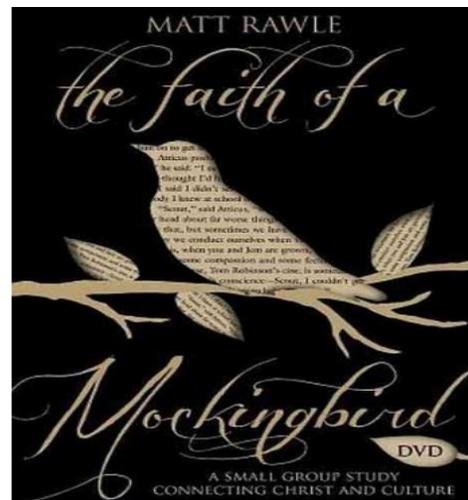
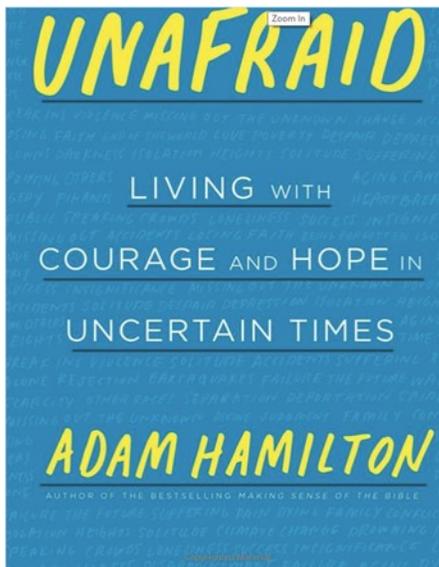


ADULT FORUM

In October-November, Adam Hamilton will guide us through a study guide and video *Unafraid: Living with Courage and Hope in Uncertain Times* which invites us to confront our fears: fears of health, finances, relationships, the future, the consequences of the past, and even fear of God. Our Advent study in December will be based on characters from *A Christmas Carol* by Charles Dickens. In between these courses, a few Sundays will have a discussion topic just for that day. What we do in January depends partly on feedback from participants.

Topics, which vary depending upon the interests of the group, relate to our Christian history, heritage, and literature and to contemporary issues and trends in light of our Christian foundation. In the past year we studied the Apostle's Creed and considered the theology of our favorite hymns. Amy Jill Levine lectured about familiar parables and we traveled with Rick Steves to Reformation Germany, Palestine, and Israel. We engaged questions about living the Christian life with Max Lucado, Mike Slaughter, Adam Hamilton, and Bruce Epperly. We looked for God in the movies by viewing a film and seeking places in the plot or action where God is present. Does even one of these subjects intrigue you? Then you are a person we seek!

Adult Forum! Put it on your church calendar.



Youth News

The Guilderland Youth Group is a group of Youth in grades 7-12 who meet for a safe, fun place to learn and get hands on involved in spreading the Good News! We meet weekly September – June, mostly on Sunday evenings at 7pm (some exceptions for special events may happen on other days)

If you want to get involved or have questions about upcoming events, see Angela Stott (coordinator) or Dakota Stott (2018 group President) for details.

Saturday, November 3rd: Pumpkin Pie Baking at Voorheesville UMC 9am—Finished



WHAT IS YOUTH 2019??

It's a great way to make friends...

This seems pretty obvious, but I'll say it anyway. The YOUTH Event is an amazing way to make life long friends. Not only do you get to bond with your youth group you get to meet kids from all over the country!

It will strengthen your faith...

I can't tell you how many times I have heard people say to me "The YOUTH Event is where I first felt my call to ministry." How amazing is it to think that this week spent in Kansas City, having fun with great friends, could be a week that changes your life?

God's work, your hands...

This year we are doing something a little different with the YOUTH Event. We've always incorporated service into the YOUTH Event, but it's going to be BIGGER and BETTER. In 2019 we will be doing an entire day of service. Groups will be sent out into Kansas City to help us leave the city better than we found it.

(Continued from previous page...)

Worship...

We already talked about how the YOUTH Event can impact your faith life, but it's really an amazing worship experience in general. Where else can you worship with six thousand other Methodists? We can't wait to host everyone in the [Kansas City Municipal Auditorium](#). It's going to be amazing!

Kansas City...

If you haven't been to Kansas City lately you are in for a great surprise! Kansas City has a vibrant, friendly, and safe downtown full of fun activities and great food. I mean, Kansas City BBQ, need I say more?

I hope this has gotten you excited for YOUTH 2019. Registration is now open. Youth from McKownville UMC and the Guilderland Youth Group will be traveling together as a group. Please see Angela Stott if you have any questions regarding the event. We will be contacting families directly to confirm interest and discuss registration. GYG holds fundraisers in order to support the expense of this event. If the question of cost is holding you back, please ask. Funds are available to support everyone interested in attending!



Albany District Vital Congregation Self-Help Group

McKownville UMC

Albany District Vital Congregations Self Help Group

In response to Albany District churches wanting to know more about vital congregations, the McKownville United Methodist Church is forming a Vital Congregations Self Help Group to continue to bring vital congregation concepts and practices learned at Grace United Methodist Church in Florida to the Albany District. Our goal is to bring churches that are practicing vital congregation techniques together with churches that want to learn and apply these techniques. The group will be led by MUMC's Resource Team, is open to all, and we encourage both clergy and laity to attend. The idea is to share what we learned and what we are practicing with others, help those who want to start, and brainstorm with others who may be stuck in "What do we do next?" Rather than a workshop, this is going to be an informal conversation where those present can focus in on topics that relate directly to their situations.

Our first meeting is Thursday, Oct 25, from 7:00p - 8:30p at McKownville UMC, with the plan to meet monthly on the 4th Thursday of the month. If interested in coming, please contact the MUMC office at 518-456-1148 or email us at mckownumc@verizon.net and let us know how many are coming. However, drop-ins are always welcome. For background info on what vital congregations are all about we suggest you get the book *Vital Churches Changing Communities and the World*.



Brooks Chicken BBQ!

A big **THANK YOU** to the more than 60 folks that helped plan, prepare, work, and clean up for *our semi-annual* Brooks Chicken BBQ October 6! We served 1047 chickens (most whole meals, but a few chicken-only) with the majority being take-out sales. Business was brisk and we might have sold more, but a sudden heavy downpour at 5 pm discouraged last minute diners. There was a fine sense of camaraderie among the helpers and we got to know each other a bit better. To top it off, we earned about \$5000.

Those of us working had fun in the preparing and doing. We want to share those experiences with others.. We are looking for several folks to join the BBQ Team so that more people will know how the BBQ operates. With more key persons, leadership can rotate among a number of people and not be a burden to any one person. Specifically, we would like several people to join us, to be mentored by current leaders, and to assume leadership in coming BBQ events. We have in mind a "rotation" system in which a person is mentored for a job and then in the next two BBQs takes charge of that job. In turn, that person mentors a new recruit. If this excites you, speak with Matt Steffens, Paul Krekeler, or Henry Walter.





NEJ Mission of Peace Team
2019

The Albany District of the UMC has one of our own who has been chosen to be part of the NEJ Mission of Peace Team 2019 to the Philippines! Congratulations to Dakota Stott, from McKownville UMC, who will be traveling with this team!

The Mission of Peace is a yearly journey of discovery and Shalom to nations in our global community sponsored by the Northeast Jurisdictional Council on Youth Ministries of the United Methodist Church. Each year, every Annual Conference of the United Methodist Church in the Northeastern Jurisdiction may select up to four youth to share in this experience. In the case of vacancies, an annual conference may be allowed additional seats to fill these vacancies. On each MOP, participants worship in churches, meet youth in churches and civic organizations and share with people who have a similar longing for peace and understanding. These times have been the high points of each MOP experience.

The MOP is a life changing experience! It is a journey which leads each participant to discover God's Spirit at work in the world. It is an experience of God's extended family. It is a journey of discovering God's Shalom. It is primarily a people to people experience in which we learn from our hosts how they live as disciples of Jesus Christ in their country. It is a mission which has brought us closer to God's hoped for community where all are sisters and brothers.

Each year the Youth who represent the Annual Conferences of the United Methodist Church in the Northeastern Jurisdiction must raise the money which supports their MOP. In the spirit of Shalom, the Jurisdictional and Conference Councils on Youth Ministries or Youth Ministry Teams humbly ask each church, UMW unit, UMM unit, UMY, and individuals for prayerful consideration of a monetary gift to the Conference MOP participants.

(Continued from previous page...)

Each youth who journeys on the Mission of Peace is expected to share their experience at least five times upon their return. Each MOP'er is looking forward to telling their story of Shalom. **If you would like to have Dakota present her experiences to your congregation, please reach out to the Administrative Assistant at McKownville UMC with your church's name and some proposed dates for her visit.**

Those who have journeyed on the Mission of Peace give thanks to God and to all who have made it possible for us to make this journey. We pray daily for Shalom, for understanding between people, and that there may be the chance that others can journey on a Mission of Peace.

Inspired by the preaching of Bishop Dale White, the Mission of Peace was brought into existence by the Northeastern Jurisdictional Council on Youth Ministries (NEJCYM) Legislative Session at Albright College, July 28-31, 1984. Each year since, the NEJCYM Legislative Session has affirmed the priority of the Mission of Peace in order that new understandings of community and shalom might continue to develop. The MOP has traveled to the USSR (86-88, 90), The People's Republic of China (89, 97, 01, 06, 11, 16), Eastern Europe (91,92), Zimba-bwe (93, 96, 99), Guyana (94), India (95, 00, 05, 10, 15), Nicaragua (98, 03, 07, 12, 17), Brazil (02, 04), Cuba (08, 13,18), and South Africa (09, 14). This will be our first MOP to the Philippine islands.

Information regarding upcoming fundraisers to support Dakota's trip will be forthcoming. **To reach out to Dakota regarding a presentation at your church contact:**

**McKownville United Methodist Church
Western Avenue, Guilderland
(518) 456-1148**



Save these Dates!

November 3rd

Pine Grove United Methodist Church, 1580 Central Ave., Colonie, will hold a 'Roast Pork Dinner' {*all you can eat* except for dessert} on Sat., Nov. 3, from 4 to 6 p.m. The menu will include roast pork, sauerkraut, mashed potatoes, gravy, vegetable, pie and beverage.

Price is \$11 for adults; \$5 for children 5 – 12 years; under 5 is free. For reservations call 518-248-9934 by Tuesday, October 30th.

If you have any questions, please contact:

B. Zanella
Communications Chair
Pine Grove UMC
518-869-6281



November 18th

Christmas Wrapping (**OPERATION CHRISTMAS CHILD**) -

Shoe boxes

Empty Operation Christmas Child boxes are waiting in the back of the sanctuary to be filled by YOU! We have a **sponsor** this year **who will pay the \$9 shipping charge for all 100 boxes** so that YOU can use that \$9 to fill an extra box for another child in need. Please help meet our sponsor's challenge by filling one extra box this year. Filled boxes must be returned by November 18th.



NEW CHURCH SIGN

A sign from God or a Sign for God?

What if we could tell people who we are?

What if we advertise our bible studies?

What if we could relay when the handbells are playing?

What if we could tell people about our missions?

What if we could tell people about our flood relief buckets and invite them to help?

What if we could relay special church events in the calendar to the entire community?

What if we could invite people to church?

What if we could do all this and more in one week with a single sign?

This could be both a sign from and for God!

Well we now have an opportunity to make our outdoor sign modern, flexible and more effective! After some excellent research by the trustees, we have selected a sign that will enable board messages to be changed by tapping a keyboard instead of hauling letters outside and physically switching them on the sign!

This will allow messages to be changed more frequently; the type of message could also vary bring more attention to the church's ministries and missions.

Believe me when I tell you this sign can be so much better than it is right now and changing the sign will be a step toward heaven!

The \$25,000 requested in the sign campaign would cover the sign, installation, town board approval and anything else that should be required to make this a reality!

A check or debit should be made payable to the **McKownville United Methodist Church**. The memo section needs to indicate it is for the **sign campaign fund** so the monies can be directed correctly.

If you have any questions, please don't hesitate to contact me, Kelly Visker or pastor Jeff!

Yours in Christ,

Pat Beauregard

Monthly Church Meetings

Sunday Rehearsals/Meetings

- 8:30 am.....Praise Team Rehearsal
- 9:30 am.....Praise Service
- 9:45 am.....Sunday School
- 10:30 am.....Fellowship Time
- 11:00 am.....Traditional Service
- 3:00 pm.....Praise Team Rehearsal
- 4:30pm.....Wesley Ringers
- 5:45 pm.....New Song Rehearsal
- 6:30 pm.....Higher Up Rehearsal

Monthly Church Meetings

- Finance TeamSecond Tuesday at 7:00 pm
- Leadership Council.....Third Tuesday at 7:00 pm
- Trustees Team.....Third Sunday at 8:15 am
- Worship Team.....Fourth Tuesday at 7:00 pm
- Vital Congregation.....Fourth Thursday at 7:00 pm

● Special meetings will be on the calendar and are usually announced in the weekly bulletins.



Announcements

Guilderland Farmers Market

- Open Sundays until the end of October
- Sundays from 10:00 am to 3:00 pm
- Corner of Rte. 155 and Western Avenue
(Behind Trustco Bank at the Star Plaza)



Child Care 2 Opening

Nursery Staff Position: Together with nursery supervisor, responsible for care of infant thru toddler. Ratio of nursery staff to children is 1-4. Presently 2-3 attend, but may grow in the future. Approximately 1.5 hours per week every Sunday, at Mckownville UMC, 1565 Western Ave, Albany NY. Hours are 9:15 – 10:45. Potentially additional hours may be requested to support church activities.

Willing to work with collegiate calendar.
Child 2

Musicians Wanted!!

Do you like to sing? Have you ever wondered what it is like to ring a handbell? If you answered 'yes' to either or both of these questions, we have a place for you!

Singers high-school age and older are invited to sing in the Adult Choir. Rehearsals are Wednesdays from 7 to 8:30 pm in the sanctuary and begin on September 5. All singers are welcome – no auditions necessary. If you have questions, contact Christy Beaugard (patchris30@verizon.net) or Nancy Clarke (clarkesn1@verizon.net).

Singers in grades 6 through 12 are invited to sing in Higher Up. Rehearsals are Sunday evenings at 6:30 pm in the sanctuary and begin September 16. Drummers and guitarists are also welcome to join this group. Contact Christy Beaugard for more info.

The handbell choirs will begin rehearsals on September 16. Experienced ringers rehearse in Wesley Ringers from 4:30 to 5:45 pm Sunday afternoons. Younger and less experienced or new ringers (grades 3 and older) rehearse in New Song from 5:45 to 6:30 pm Sundays. Both rehearsals are in the sanctuary. Contact Pat Beaugard (patchris30@verizon.net) with any questions.

Prayers

PRAYERS FOR the Rev. Charlie Yang and his wife Euni. Euni is facing serious health issues and asks for our prayers. If anyone would like to send a get well card or even a note to Euni, her address is as follows:

28 Church Street
Niverville, NY 12130



SUBMIT PHOTOS

Please continue to submit PHOTOS and descriptions of small groups, ministries, teams, etc. for a new and updated church guidebook and the new communication board!

VACANCIES

Our trustees are looking at some vacancies.

WATCH IT LIVE!

You can view the Pastor's sermons live as they happen or later on when you have time from our Facebook page at : [McKownvilleChurch](https://www.facebook.com/McKownvilleChurch).

NOVEMBER DUTIES CALENDAR

<u>DATE</u>	<u>GREETERS/ USHERS</u>	<u>LAY WORSHIP LEADERS</u>
November 4	Delores Campbell Helen Knight	Laura Marotta
November 11	Gene Gee Terry O'Neil	Nancy Rhodes
November 18	Bob Griffin Todd Nemece	Kristin Waters
November 25	Lelaina Beauregard Abigail Beauregard	Kelly Visker
December 2	Linda Faulkner Alan Longshore	



Greeters & Ushers Coordinator: [Looking for a new volunteer!!](#)

Coffee Hour Coordinator: Chris Steffens - 518-608-5300

Lay Worship Leader Coordinator: Nancy Rutenber - 518-456-0412

****We are still looking for someone to take over the position of Greeters/Ushers coordinator. Please contact Pauline Martin for details about the job. blundyp379@aol.com**

* Please note that Greeters and Ushers duties are now combined.

NOVEMBER ANNIVERSARIES & BIRTHDAYS

Anniversaries

- 6 – James & Angela Stott
- 6 – John & Debra Sitterly
- 8 – Charles & Beverly Davies
- 8 -- Marcie and Eric Mastrogiovanni
- 15 – Norman & Ellen Swanson

Birthdays

- 1 – Charles Wager
- 1 – Diane Steffens
- 2 – Nancy Pullen
- 2 – Debra Sitterly
- 3 – Patrick DeVall
- 4 – Lisa Templin
- 5 – Charles Davies
- 7 – David Bruner
- 7 – Matthew Shropshire
- 9– Ruth O'Hare
- 10 – Olive Ezekiel
- 11 – Frank D'Ambrosio
- 11 – Julia Roske
- 11 – Sharon Clancy
- 11 – Brian Moon
- 15 – Tom O'Hare
- 18 – Donna Markessinis
- 18 – Nicholas Scolaro
- 19 – Ashlyn Van Buren
- 20 – Georgianna Belus
- 21 – Ildra Morse
- 25 – Ed Cole
- 25 – Laura Hoenig
- 25 – Leo Hoenig
- 27 – Mary Baldwin
- 28 – Carl Morse
- 30 – Todd Nemece



Mission Opportunities

Mission Opportunities

Do all the good you can, by all the means you can, in all the ways you can, in all the places you can, at all the times you can, to all the people you can, as long as ever you can. -John Wesley

Do you have a calling to missions and outreach of the church? Do you have ideas for future mission work that could be done through our church? Consider joining the Outreach Team. There is always room for more people and ideas on the team. Any questions about the team, talk to any member's of the team.

Jim Bowen, Darcianne Leizer, Todd Nemec, Angela Stott, James Stott, Tricia Stott

How you can help after hurricane Florence?

When disaster strikes, we always wonder how we can help. The first response needed would be prayers. Pray for the people who lost so much. Pray for the people helping and pray for the healing and rebuilding. With Hurricane Florence, you see pictures of homes that were swept away or lie in a tangled heap. There are images shown of people who have lost their belongings. The two ways we as a church can help right now is with cash donations and Assembling United Methodist Committee on Relief (UMCOR) Cleaning Kits (Flood Buckets).

In the coming weeks, there will be a special donation for those affected by hurricane Florence on one Sunday. If donating by check, be sure to put "Disaster Relief" in the memo line.

For the month of October, donations will be collected for Flood Buckets or Cleaning Kits. Any part or completed buckets will be collected. The church conference office has requested Flood Buckets because in addition to hurricane Florence, closer to home, there was flooding in Seneca County and throughout Pennsylvania. There is now a shortage of flood relief supplies.

Below is a list of items that are needed for the Flood Buckets.

Cleaning Kit Materials

- **One five-gallon round bucket with re-sealable lid (14.35" h x 12.19" w x 12.19" d)**
 - o No screw lids
 - o May be used, but must be free from all residual product
 - o Advertisements on the outside acceptable
- **One 32-64 oz. bottle liquid laundry detergent**
- **One 16-40 oz. bottle liquid concentrate household cleaner**
 - No spray cleaners

(Continued from previous page...)

- **One 16-34 oz. bottle dish soap**
- **One 4-8 oz. pump spray air freshener (three solid, or three gel fresheners also acceptable)**
- **One 6-14 oz. pump spray insect repellent (pack of 10-20 wipes also acceptable)**
 - Pump spray bottles must have protective covers
- **One scrub brush**
 - With or without handle
- **18 re-useable cleaning wipes**
 - No terrycloth, microfiber or paper towels
 - Remove from packaging
- **Five scouring pads sponges**
 - No stainless steel pads with soap in them
 - Remove from packaging
- **36-50 clothespins**
- **One 50-100 ft. clothesline (cotton or plastic line)**
- **24 roll of heavy-duty trash bags (33-45 gallon sizes)**
 - Remove from packaging
- **Five N95 particulate respirator dust masks (1-3 mm thickness)**
 - No surgical masks
- **Two pairs kitchen gloves**
 - Durable for multiple uses
 - Remove from packaging
- **One pair work gloves**
 - Cotton with leather palm or all leather

The prayers, money and flood buckets are helpful, but do not believe that recovery only takes a few days or weeks. Major disaster recovery can take years. There will be more needs as cleaning and rebuilding begins. People should not be forgotten after the news stories die down. There will be additional help needed. Have you ever considered how you prepare to respond to a disaster? If you want to respond in a safe, helpful way, seek disaster-response training. Maybe you would be interested in Early Response Team training. UMCOR's Early Response Teams (ERT) provide a caring Christian presence in the aftermath of disaster. The training equips you to help communities clean up after a natural disaster - flood, tornado, hurricanes. ERTs carry out tasks such as damage assessment, debris removal, placing tarps on homes, and helping to prevent further damage. This training credentials you to enter disaster zones. An ERT badge is issued by UMCOR to applicants over the age of 18 after successful completion of the course and a background check. Badges are valid for three years. Individuals need not be United Methodist to take the training.

Another option to help, is either being a member of a team or lead a mission team. Below is the next mission team leader training. Consider attending. There are plans to send teams from our church to help where it is needed, locally and across the country. How do you want to help?

Change for Change Cornerstone Campus Ministry

The bucket is out again to collect your unwanted or spare change that is weighing down your wallet or purse. Get rid of all that annoying change by putting it in the bucket in the rear of the sanctuary. What you might consider a little bit of change, can make big changes in someone's life. For the month of October, the change collected will be given to Cornerstone Campus Ministry at SUNY Albany.

Cornerstone Campus Ministry brings students together to make a difference in the world. The group has worship services, Bible studies, mission trips and community activities for the students at UAlbany.

Over the years, McKownville United Methodist Church has provided food for their "Food and Faith" Tuesday night activity. Students have come and had bake sales to support their mission trips and we have given some financial support. Now, help them continue with their faith journey with your spare change.

For more information about Cornerstone Campus Ministry check out their website. <http://www.ualbanycornerstone.org/>



Guilderland Food Pantry

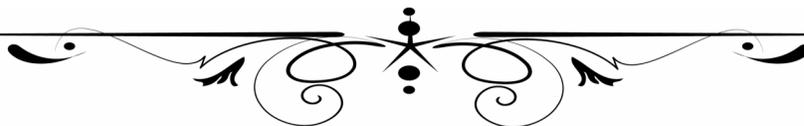
Guilderland Food Pantry Needs:

instant mashed potatoes
canned green beans
canned mushroom soup
french fried onion rings
Stoffers stuffing mix
cranberry sauce
white cake mix
canned gravy
canned pumpkin
cereal

*God bless you and your congregation.
You continue to feed 145 families each
month. 93 families participate in our
holiday meal program.*

GFP

Guilderland Food Pantry, Inc.
PO Box 7 Guilderland, NY 12084
Web: www.guilderlandfoodpantry.com
Email: guilderlandfoodpantry79@gmail.com
Phone: (518) 930-1001



NOVEMBER 2018



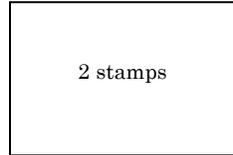
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 TOT Hill Gang 9:45 am Al-Anon 12:00 pm	2 Narcotics Anonymous 6:00 pm	3 A.A. 7:00 am
4 Contemporary Service 9:30 am Traditional Service 11:00 am Praise Team 3:00 pm Wesley Ringers 4:30 pm New Song 5:45 pm Higher Up 6:30 pm	5 Cub Scouts 6:30 pm Adult Forum 7:00 pm	6 Living Resources 9:30 am A.A. 4:30 pm Yoga 6:00 pm	7 Yoga 10:00 am Yoga 5:30 pm Narcotics Anonymous 7:00 pm Choir Rehearsal 7:00 pm	8 TOT Hill Gang 9:45 am Al-Anon 12:00 pm	9 Narcotics Anonymous 6:00 pm	10 A.A. 7:00 am
11 Contemporary Service 9:30 am Traditional Service 11:00 am Praise Team 3:00 pm Wesley Ringers 4:30 pm New Song 5:45 pm Higher Up 6:30 pm	12 Cub Scouts 6:30 pm Adult Forum 7:00 pm	13 Living Resources 9:30 am A.A. 4:30 pm Yoga 6:00 pm Finance Team Meeting 7:00 pm	14 Yoga 10:00 am Yoga 5:30 pm Narcotics Anonymous 7:00 pm Choir Rehearsal 7:00 pm	15 TOT Hill Gang 9:45 am Al-Anon 12:00 pm American Sewing Guild 12:30—3:00	16 Narcotics Anonymous 6:00 pm	17 A.A. 7:00 am
18 Trustees Team 8:15 am Contemporary Service 9:30 am Traditional Service 11:00 am Praise Team 3:00 pm Wesley Ringers 4:30 pm New Song 5:45 pm Higher Up 6:30 pm	19 Cub Scouts 6:30 pm Choir Rehearsal 7:00 pm	20 Living Resources 9:30 am A.A. 4:30 pm Yoga 6:00 pm Leadership Council Meeting 7:00 pm	21 Yoga 10:00 am Yoga 5:30 pm Narcotics Anonymous 7:00 pm	22 Al-Anon 12:00 pm Thanksgiving Day 	23 Narcotics Anonymous 6:00 pm	24 A.A. 7:00 am
25 Contemporary Service 9:30 am Traditional Service 11:00 am Praise Team 3:00 pm Wesley Ringers 4:30 pm New Song 5:45 pm Higher Up 6:30 pm	26 Cub Scouts 6:30 pm Adult Forum 7:00 pm	27 Living Resources 9:30 am A.A. 4:30 pm Yoga 6:00 pm Worship Team 7:00 pm	28 Yoga 10:00 am Yoga 5:30 pm Narcotics Anonymous 7:00 pm Choir Rehearsal 7:00 pm	29 TOT Hill 9:45 am Al-Anon 12:00 pm	30	

MICROSOFT

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Albany, New York 12203-4222

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Phone: (765) 652-0265

Office Hours:
Monday—Friday: 8:30 am to 12:30 pm

Ministry and Team Leaders of the McKownville United Methodist Church

Board of Trustees:

Chair & Sexton Liaison: James Stott

Vice-Chair & Furnishings,
Building Use Coordinator: Kelly Visker
Nancy Rhodes

Leases & Legal Affairs: Noreen Van Doren

Grounds & Planned
Maintenance: Chris Brewer, Chris Spencer

Insurance: Nancy Pullen

Furniture: Kelly Visker

Ministry Teams:

Leadership Council: Paul Krekeler, Team Leader

Staff/Parish Relations: George Jenczko, Alan Long-
shore, Emma Herendeen, Monte Waters, Sue Burns,
Nancy Rutenber, Tricia Stott, Diane Steffens,
Teri Scoville

Finance: Paul Scoville, Team Leader
Treasurer & Payroll: Tim Pierce
Finance Secretary: Barbara O'Neill

Worship: Jeff Landon, Team Leader

Evangelism through Outreach: Jim Bowen,
Team Leader

Christian Education: Kim Keane, Team Leader

Memorials & Gifts: Nancy Pullen, Team Leader
Senior Ministries: Darcianne Leizer, Team Leader